

# The Thumoslang Manifesto

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1. Hello,
2. You may or may not know me; that does not matter. You may or may not have the same beliefs as I do; that does not matter.
3. What matters the most is your ideals; your ideals matter because they include all the milestones most meaningful to your ideal self, what you truly want to become. “Everything else is secondary,” said Steve Jobs in [his 2005 Stanford Commencement Address](#).
4. This manifesto agrees with him that the most important thing in life is “what you truly want to become. Everything else is secondary.” That’s the **What**; your ideal self is the what.
5. Given that you know of your ideal self, you have a good life as you actualize it. That’s the **Why**; having a good life is the why.
6. I hope you have a good life because, by human nature, you want to help others have a good life when you do. The question is **How**; how should one live to have a good life?
7. This list cannot offer a specific answer for everyone, but it can provide an example for all to see.
8. I did not write this list, but I believe it entirely because many people improved its content over time to enhance our humanity through reparenting. Thanks to its importance, I want to share it with you and hope that you will, too, pay it forward and pass it on.
9. Parenting; that means, *designing basic behavior*.
10. Reparenting; that means, *redesigning the basic behavior*.
11. The above two lines are two of Thumoslang’s thumbnail definitions. Using [Thumoslang](#), you can reparent yourself efficiently, reparent people around you directly, and help reparent humanity indirectly.
12. Your parents or guardians showed you how to behave. Yet your behavior brought you not enough good friends.
13. As you do not like the result, you want to change how you behave. That’s why you need to reparent yourself and redesign your basic behavior to have more friends and even more money.
14. The fastest way to reparent yourself is to pump up the power of your language skills quickly by learning how to speak [Thumoslang](#) and become a reparenter.
15. Yes, *reparenter* is a new concept here; reparenters use [Thumoslang](#) to reparent themselves, people around them, and others to build a more fantastic future and a better world.
16. This list is the manifesto for all reparenters. They believe in Thumoslang’s thumbnail definitions and their falsifiability. For example, each of the following three lines begins with a thumbnail definition.
17. Dogma; that means, *self-declared truth*. The plural for it is dogmata.

18. Falsifiable; that means, *non-dogmatic*. A statement is falsifiable when people can independently prove it true or false.
19. Falsifiability; that means, *a better version is possible*. This list becomes more and more powerful as its readers help make its content better and better.
20. What our parents tell us is often a dogma. For example, "I'm always right, and you must always listen to me because I'm your parent." That's dogma; don't touch it. The more you talk about a self-declared truth, the more you waste your time on something that will not pay in the long run.
21. Readers of this manifesto will not interfere with how others handle their dogmata, their subjective truth. In contrast, instead of dishing out dogmata, we, the re-parenters, will ensure that we use only falsifiable statements in serious communication.
22. This list is for serious communication; each item is falsifiable as you can prove it true or false. The author wrote this manifesto in a list for reference, especially when the reader wants to address any part of the document.
23. An effective way to ensure falsifiability in communication is to use [Thumoslang](#). Its thumbnail definitions are all falsifiable. Their contents evolve as users [contribute with constructive feedback](#) over time.
24. In the first three reading episodes in the [Kindle Vella](#) series [Reparenting Trek](#), their sidebar stories introduced us to an actual teen nicknamed Dan. He began high school in [Rhode Island](#) during the [COVID-19 pandemic](#).
25. He had nearly no friends and equally less money, but he wanted to have more of both. How could he? The first step was for him to understand the following.
26. For most of us, you can no longer buy a decent house or build a good family simply by working at or near the minimum wage for the rest of your life.
27. Housing and family are but two of several reasons why you should think about earning much more than what personal manual labor near minimum wage could ever offer.
28. To earn much more than that, you must be part of a team participating in the bigger world, whether a regional or global economy. That calls for much more people skills than you currently have.
29. If you had nearly no friends or too few of them, you demonstrated that you did not have enough people skills necessary for the wider world.
30. One day, Dan asked his friend Nick how to apply for a job. Below is Nick's advice.
31. Your language needs to become so powerful that you can apply for a job yourself and add more consequential friends to your life.
32. With more consequential friends, you can improve your people skills drastically, participate in the bigger world, and earn more than what manual labor could offer.
33. The question is still **How**; how could you pump up the power of your language skills only in a few weeks, or at most a few months, to take advantage of your current situation or environment?
34. The answer is [Thumoslang](#); it is the formal vocabulary for social life and re-parenting.
35. If your friends avoided you repeatedly, it's time to rethink friendship by considering the following five Thumoslang thumbnail definitions.
36. Imposing; that means, *applying as compulsory*.
37. Metrics; that means, *standards of measurement*.

38. Judgment; that means, *imposing metrics*.
39. Companionship; that means, *shared experience*.
40. Friendship; that means, *companionship without judgments*.
41. Your friends are your companions who carry no judgments on how you behave.
42. There are only two ways to lose your friends; either you impose your metrics on them or vice versa.
43. As soon as you impose your metrics on friends, you are no longer their judgmentless companion. In other words, as soon as others impose their metrics on you, they are no longer your friends.
44. Your parents often impose their metrics on you. That's why they cannot be your friends usually.
45. "In social life, especially among friends, metrics imposition is one of the four pathways to regret, immovable self-blame," according to *Language of Friendship* (S4E7), the seventh reading episode in the [Kindle Vella](#) series [Thumoslang Philosophy](#).
46. Did the above sentences change the way you think about friendship?
47. If your answer is YES, this manifesto has just changed your worldview in a few sentences.
48. If you want to mend a relationship, you have to change another person's worldview or that of yourself, even if by a small amount. Consider the following two thumbnail definitions:
49. Effort; that means, *vigorous attempt*.
50. Failure; that means, *wasted effort*.
51. If you wish to succeed in repairing a relationship, you should do it in a brief time. The longer the repair takes, the higher the chance for failure goes. Using [Thumoslang](#), you can change a person's worldview in a few sentences.
52. *Changing Life in 20 Sentences* (S5E2), the second reading episode in the [Kindle Vella](#) series [Personal Startup Using Thumoslang](#), explains how you can change another person's worldview in a few sentences many times over within the same conversation.
53. Thumoslang's immense power rests with its countless thumbnail definitions, each of which is, in a sense, a moral story but only in a few words.
54. The suffix -lang gives it away as a language; Thumoslang is the vocabulary used to build the Thumos philosophy found in the 2017 book [Thumos: Adulthood, Love & Collaboration](#), referred to herein as the original textbook, available in hardcover at Barnes & Noble. For a verbal introduction to the book, see the second episode of the YouTube series [PVD Philosophy](#).
55. The word *Thumoslang* itself did not appear in the book because the author did not realize the vocabulary's immense power until two years after publication.
56. Alec Mustafayev, born in 2002, is the first person who grew up with Thumoslang since high school; no wonder that he is an author of the octalogy [Trek Vella](#).
57. His friend Norman D. Baker, born in 1993, wrestled with it at about the same time and extending for over two years before knowing how to discharge its power with ease.
58. One day, Alec came to Nick's place for work on his fiction and the octalogy. Upon hearing of severe issues with Alec's bicycle, Nick's roommate Jack offered to repair it as a favor.

59. As Jack was doing it, Alec was in the other room. Still, Nick suggested that Alec walk in there and help Jack out if he needed it and that Alec should just watch him do the activity, simply because Alec should make this activity a relation instead of a service.
60. According to *Relation Over Service* (S2E5), the fifth reading episode of the [Trek Vella](#) series [Practical Guide to Thumoslang](#), “the difference between a relation and a service is that a service is something you do for another person. In contrast, a relation is when you and another person do the same thing together and have the same role. Many people mistakenly do when they want to have a relationship with someone else, such as their friend, to create services instead of relations. To tell if you and someone else have a service or relation, ask this question: Is our role in the activity the same?” Consider the following two Thumoslang thumbnail definitions:
  61. Service; that means, *deliberate assistance*.
  62. Relation; that means, *purposeful involvement*.
  63. If you have a chance to turn a service into a relation, take it. A service can only help you for a moment, while a relation may help you in the long run. That was demonstrated in a recording right after the events Alec described had transpired. Perhaps, thanks to this relation, Jack would in the future be more likely to do Alec such a favor again; see [[Are You Having a Relation or Providing a Service? | NDBaker93 | S15E07](#)](v=ut5BFMI6DuQ) on Ri4CTV. That’s a way to develop your social capital.
  64. If you mastered the concept of relation as presented above, you would be ready to rethink relationship as a concept using the following Thumoslang thumbnail definition:
  65. Relationship; that means, *ongoing relations*.
  66. Before 2017, without the original textbook, people had no idea how to count the number of relationships in their lives effectively. Most people do not realize that, by definition, they have zero relationships in their life. Instead, they only have small, often one-time relations with others, which they mistakenly believe to be relationships. *A New Subject in School* (S1E3) of the octalogy [Trek Vella](#) explains how you can use the above thumbnail definitions to count your actual relationships. Until then, you cannot manage them effectively.
  67. The most authoritative source of knowledge on Thumoslang is the octalogy [Trek Vella](#), also known as the [Thumoslang Reading Collection on Kindle Vella](#).
  68. The YouTube series [Thumoslang101](#) captures the first practical demonstration of [Thumoslang](#). Its follow-on series [Thumoslang102](#) captures the first use of [Thumoslang101](#), whereas [Thumoslang104](#) and [Thumoslang106](#) demonstrate the second and third uses. All are on the YouTube channel [Ri4CTV](#), short for *Rhode Island Foresight Television*.
  69. Altogether, the original textbook, the octalogy *Trek Vella*, and all the YouTube series mentioned earlier make up the primary teaching material for [Thumoslang](#).
  70. Reparenters do, too, want to have success. Their first step is to learn not the subjective but the objective meaning of success by reading *An Important Walk* (S1E1), the first episode in the [Trek Vella](#) series [Thumoslang Stories](#).
  71. If you’re taking others under your wings, you must read *An Important Walk* (S1E1) to understand why your subordinates could not give you success. Students do not make

every teacher successful; employees do not make every employer successful. S1E1 explains what it takes.

72. For those who want to take a quantum leap in social life, stop looking for friends. Instead, start developing second-mind partnerships with a few locals; see *Second Mind & Second Family* (S5E6), the sixth reading episode of the [Trek Vella](#) series [Personal Startup Using Thumoslang](#).
73. Two second-mind partners are the two locals willing and able to help one another fight against their self-serving biases on the march towards their ideals.
74. Your ideals; that means, *your most meaningful milestones*.
75. When you spend too many hours of your day watching videos, you serve your present self more favorably than you do your future self. That is how many people feel regret they wasted their most valuable resource: time.
76. “The second most popular pathway towards regret is wrong prioritization, such as counter-commitments,” according to *Meet Alec Mustafayev* (S6E4), the fourth episode in the [Trek Vella](#) series [Thumoslang Chronicle](#).
77. Instead of making too many friends, who tend to make you spend more and earn less, try securing a few second-mind partners who speak [Thumoslang](#) and focus on your ideals. Second-mind partners are your social shortcuts; check out the following Thumoslang thumbnail definition.
78. Social-shortcut; that means, *faster towards your ideals*.
79. Second-mind partners help you go faster towards your ideals, and thus a good life.
80. However, you cannot teach a stranger [Thumoslang](#) by bringing up the word *Thumoslang* itself in your first conversations with that person. *A Fantasy on Mars* (S1E2), the second episode in the [Trek Vella](#) series [Thumoslang Stories](#), explains why.
81. Without practice, it takes a lot for you to start a second-mind partnership with another person quickly enough to enhance your life soon. You need someone who would let you try Thumoslang out on that person initially before you apply the new knowledge in your real life.
82. If you need someone right away, I volunteer. Otherwise, try it with someone else before you apply the new knowledge to your family and friends.
83. Friends should not have judgments; that’s why they don’t make good second-mind partners. Similar to a court of law, the court as our second mind does not work without any “judgment.”
84. “To have a second mind provided by another person, you must also be that person’s second mind. The relationship between you and that person is a second-mind relationship, which should involve neither friendship nor romance. Here, a platonic relationship is not a luxury but a necessity. Furthermore, a second-mind relationship needs to be long-lasting, if not unbreakable,” according to *Second Mind & Second Family* (S5E6).
85. For those who want to invest in the reparenting of our humanity using [Thumoslang](#), read Chapter Six of the original textbook and see why [Thumoslang](#) is an answer to Jamie Wheel’s question on what it takes to have a world full of Meaning 3.0.
86. Sincerely yours,

87. Me; I'm a human being who cares for another human being, regardless of differences in our backgrounds!
88. PS: For this list's origin and the authentication of its content, see [thumoslang.wordpress.com/manifesto](http://thumoslang.wordpress.com/manifesto).